

Rotation: _____

Attending: _____

Reflections: What skills would you like to improve this year?

Did this rotation meet your learning objectives?

Yes No Unsure

Date: _____

**COMPETENCIES-AT-A-GLANCE CARD
SELF-ASSESSMENT FOR RESIDENTS**

Ratings: Review descriptions on reverse side. Circle ratings that apply (1=lowest; 9=highest). Keep this card to review your performance and measure improvement over time.

Patient Care: Resident provides compassionate care that is effective for the promotion of health, prevention, treatment, and at the end of life

Self-Rating 1 2 3 4 5 6 7 8 9

Medical Knowledge: Resident demonstrates knowledge of biomedical, clinical and social sciences, and applies that knowledge effectively to patient care

Self-Rating 1 2 3 4 5 6 7 8 9

Practice-Based Learning and Improvement: Resident uses evidence and methods to investigate, evaluate, and improve his/her patient care practices

Self-Rating 1 2 3 4 5 6 7 8 9

Communication and Interpersonal Skills: Resident demonstrates these skills and maintains professional and therapeutic relationships with patients and the healthcare team

Self-Rating 1 2 3 4 5 6 7 8 9

Professionalism: Resident demonstrates behaviors that reflect an ongoing commitment to continuous professional development, ethical practice, sensitivity to diversity, and responsible attitudes

Self-Rating 1 2 3 4 5 6 7 8 9

Systems-Based Practice: Resident demonstrates both an understanding of the contexts and systems in which health care is provided and applies this knowledge to improve and optimize health care

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<i>Circle descriptions that best reflect your performance</i>		
Below Expectations	Meet Expectations	Exceed Expectations
PATIENT CARE		
<ul style="list-style-type: none"> ● Interviews and examines patients poorly; lacks technical proficiency ● Has poor judgment ● Disregards patient preference 	<ul style="list-style-type: none"> ● Satisfactory skills in interviewing, physical exams, procedures ● Adequate judgement ● Usually respectful of patient preferences 	<ul style="list-style-type: none"> ● Performs excellent patient interviews, exams, procedures ● Uses sound judgment ● Is highly respectful of patient preference
MEDICAL KNOWLEDGE		
<ul style="list-style-type: none"> ● Limited knowledge base ● Minimal interest in learning ● Poor understanding of complex problems 	<ul style="list-style-type: none"> ● Solid fund of knowledge ● Satisfactory learner ● Adequately understands complex problems 	<ul style="list-style-type: none"> ● Exceptional knowledge base ● Committed to continuous learning ● Has comprehensive understanding of complex problems
PRACTICE-BASED LEARNING AND IMPROVEMENT		
<ul style="list-style-type: none"> ● Minimizes or ignores self-assessment ● Avoids new technology ● Ignores feedback 	<ul style="list-style-type: none"> ● Intermittently self-assesses ● Intermittently uses new technology ● Intermittently seeks feedback 	<ul style="list-style-type: none"> ● Regularly self-assesses ● Uses new technology consistently ● Eagerly accepts feedback
INTERPERSONAL AND COMMUNICATION SKILLS		
<ul style="list-style-type: none"> ● Has poor relationships with patients/families ● Avoids educating or counseling patients 	<ul style="list-style-type: none"> ● Maintains satisfactory relationships ● Intermittently educates, counsels patients 	<ul style="list-style-type: none"> ● Establishes excellent relationships with patients/families ● Educates and counsels patients
PROFESSIONALISM		
<ul style="list-style-type: none"> ● Not respectful ● Not compassionate ● Dishonest ● Avoids responsibility for errors ● Not considerate of others 	<ul style="list-style-type: none"> ● Usually respectful ● Usually compassionate ● Endeavors to be honest ● Recognizes errors ● Tries to be considerate of others 	<ul style="list-style-type: none"> ● Consistently respectful ● Very compassionate ● Is honest ● Accepts responsibility for errors ● Considers needs of others (patients, colleagues)
SYSTEM-BASED PRACTICE		
<ul style="list-style-type: none"> ● Poor utilization of resources ● Makes no attempt to reduce errors ● Resists improvement to systems of care 	<ul style="list-style-type: none"> ● Adequate resource utilization ● Tries to reduce errors ● Tries to improve systems of care 	<ul style="list-style-type: none"> ● Effectively uses resources ● Reduces errors ● Improves systems of care

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